



Parent's choice Zoom session

Starts Wednesday 7 October 2020 and
runs every other Wednesday 13:00-14:30

New and exciting session for Langley
Children's Centre with Living Well



We will be delivering a fun, relaxed and friendly group for parents. This session will be led by parent's choice and could include arts, crafts, cooking sessions, meditations, relaxation and many other lifestyle sessions to support parent's wellbeing.

If you're a parent and would like to join us to meet other parents and share experiences then please contact Langley Children's Centre on 0161 6539526

